

## **Thurrock Gymnastics Academy Risk Assessment Form (1/2)**

<b>Risk Assessment Number:</b>	<b>Date of Assessment:</b> 17/07/2020	<b>Additional Information check sheet/risk assessments required.</b>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<b>Task / Work Activity / Work Area Assessed:</b>	<b>Assessment carried out by:</b>  Barry Shervill Lisa Shervill	<b>Substances Hazardous to Health:</b> <b>Manual Handling:</b> <b>Display Screen Equipment:</b> <b>New and Expectant Mothers:</b> <b>Young Persons:</b>	

Worst Case Outcome					Likelihood					Risk Rating (Outcome x Likelihood)		
5	4	3	2	1	5	4	3	2	1	High	Medium	Low
Fatality	Severe Injury	Lost time Injury	Minor Injury	No Injury	Certain	Very likely	Likely	Unlikely	Remote	13-25	5-12	1-4

Persons affected by the Activity	Identified Hazards	Control Measures Already in Place	Outcome	Likelihood	Risk Rating	Further action required? Yes/No
Staff, Children, Parents	Children and Parents arriving on site (Possible cross contamination)	<ul style="list-style-type: none"> <li>• Training sessions to be staggered to avoid cross over</li> <li>• Children must arrive on time for their session and stay in the car if possible until coaches are ready for their arrival.</li> <li>• Children must obtain social distancing at all times.</li> <li>• Gymnasts should arrive ready for their sessions in appropriate clothing as the changing rooms will be closed.</li> <li>• Gymnasts should be encouraged to use the toilet before arriving at club to minimise the use of the public toilets.</li> <li>• Parents to use a drop off and collect system.</li> </ul>	3	3	9	Yes

		<p>Parents are not allowed inside the school area only in extreme circumstances and written permission from Thurrock Gymnastics Academy.</p> <ul style="list-style-type: none"> <li>• Sanitising of equipment will take place in between sessions</li> <li>• Children should sanitise their hands before entering the building.</li> <li>• Children will not be allowed to train if any of their family members are in self isolation and/or show any Covid 19 symptoms.</li> </ul>				
Staff, Children, Parents	Droplets or virus being live on equipment (high touch area)	<ul style="list-style-type: none"> <li>• Equipment will be wiped down after each session, before a new class starts</li> <li>• Every handle will be cleaned, and doors will be kept open where possible so no one needs to use the handles.</li> <li>• The doors will be kept open to allow venterlation through the hall.</li> </ul>	3	3	9	Yes
Staff, Children, Parents	Children's belongings being in close contact with other children's belongs	<ul style="list-style-type: none"> <li>• Children will be kept in their groups of a maximum of 8 at all times and will have a designated area in the gym where only their groups bags and shoes will be placed at a safe distance from others.</li> <li>• Gymnasts should only bring their shoes, a bag clearly labelled with the child's name which includes a drink and hand sanitiser.</li> </ul>	3	3	9	Yes
Staff, Children, Parents	Sneezing, coughing	<ul style="list-style-type: none"> <li>• Good Hygiene practice in place</li> <li>• Parents will be advised not to bring their child to training sessions if they have any Covid 19 symptoms.</li> <li>• Hand wash stations available for use</li> <li>• If the cough is persistent the child will be removed from their group into a safe area and the parents will be called to collect their child.</li> </ul>	3	3	9	Yes

		<ul style="list-style-type: none"> <li>Parents will need to advise us if a child contracts Covid 19 after one of their sessions so we can follow the governments track and trace procedure.</li> </ul>				
Staff, Children, Parents	Identification of potential infection: <ul style="list-style-type: none"> <li>Cough</li> <li>Fever</li> <li>Shortness of breath</li> <li>Sore Throat</li> </ul>	<ul style="list-style-type: none"> <li>Isolation area available to accommodate the child/coach.</li> <li>Session will be cancelled.</li> <li>No participation by any child should any family member in the household be self-isolating</li> <li>Child should not be brought to the club if they or any family member in their household are showing Covid 19 symptoms.</li> </ul>	3	3	9	Yes
Staff, Children, Parents	Leaving the Gym	<ul style="list-style-type: none"> <li>Children will collect their belongings from their designated areas and will be asked to sanitise their hands before leaving the gym.</li> <li>The children will always be guided out of the gym by coaches and obtaining social distancing and will be collected outside near the car park.</li> <li>Children must be collected on time, any children which are not collected will be moved to an isolation area so not to come in to contact with the next class arriving</li> </ul>	3	3	9	Yes
Staff, Children, Parents	Returning from a category 1 & 2 country	<p><b><u>Category 1 Countries</u></b> Travelers should self-isolate, even if asymptomatic, and use the 111 online coronavirus service to find out what to do next. Go home or to your destination and then self-isolate.</p> <p><b><u>Category 2 Countries</u></b> Travelers do not need to undertake any special measures, but if they develop symptoms, they should self-isolate and call NHS 111</p>				

## Thurrock Gymnastics Academy Risk Assessment Form (2/2)

Further Control Measures	Further Control Measures Follow up		
	Allocated to (name)	Target date	Date completed
<ul style="list-style-type: none"> <li>• If First Aid needs to be administered, a qualified first aider will treat the child wearing PPE.</li> <li>• The equipment will be deep cleaned after each day.</li> <li>• Markings will be visible on the floor to make the children aware of social distancing</li> <li>• Parents to be advised that a drop off and collect system will be implemented. Parents must wait in or by their car if staying on site where possible.</li> <li>• Where children are not collected straight after a training session, the child will need to be moved to an isolated area (under the canopy by the entrance of the sports hall) where they can wait for their parent/guardian so as not to have any cross over with arriving children.</li> <li>• Any children which arrive late must not enter the gym.</li> <li>• Staff members to sign an inspection sheet to show that the equipment has been cleaned and wiped down after every session.</li> <li>• Display posters for good hygiene e.g handwashing</li> <li>• Managers/Head Coaches are to be informed of procedure in case of a coach or child becoming ill while in the gym. This will include the following key points as follows:               <ol style="list-style-type: none"> <li>1. Isolate the individual at least 2 metres away from the other people,</li> <li>2. Go to an isolation area.</li> <li>3. The affected child or coach is to avoid touching anything, cough or sneeze into a tissue if available if not into the crook of their elbow and use a separate bathroom if possible.</li> </ol> </li> <li>• Site closure may be advised by Public Health England, if this occurs all parents will be notified.</li> <li>• Coaches, children and their family members who think they may be infected to carry out the self-assessment on the NHS website before arriving at the gym and to follow guidance: <a href="https://111.nhs.uk/covid-19">https://111.nhs.uk/covid-19</a></li> </ul>	Barry	1st August	

### Risk Assessment Reviews

Suggested Review Date (either after significant changes, actions completed, or annually):		7 <sup>th</sup> September 2020	
Risk Assessment Reviewed by (name):		Risk Assessment Reviewed by (name):	
Date:		Date:	
Comments:		Comments:	
Next Suggested Review Date:		Next Suggested Review Date:	
Risk Assessment Reviewed by (name):		Risk Assessment Reviewed by (name):	

Date:		Date:	
Comments:		Comments:	
Next Suggested Review Date:		Next Suggested Review Date:	